

Tips For That Perfect Wedding Day Hairstyle

When couples go over their list of priorities for wedding planning, their appearance probably ranks very highly among other items such as booking the ceremony, finding a reception site and picking out wedding bands. While attire that fits your frame and personality can enhance your best assets, also keep in mind that the right wedding-day hairstyle is key to completing the look.

For help finding the right style, consult a professional stylist who has years of experience creating beautiful wedding-day looks. To get you started, here is some advice from Damian Carney, international artistic director of hair-product manufacturer Joico, who offers these dos and don'ts for wedding day style.

DO consider the entire picture, which includes a style that fits

the theme of your wedding and is cohesive with the rest of your look. When you've come up with a theme — i.e. classic, contemporary, casual, etc. — discuss your plans with your stylist. He or she can suggest hairstyles that will complement the theme you'd like to achieve.

DON'T feel you have to emulate everything you see in bridal magazines. If the look of the moment is free-flowing tresses, but you prefer a sleek, tight bun, go with what you like. Your stylist can offer variations, such as escaped tendrils or pins and other accessories to add distinct appeal.

DO highlight your personality. Although you want to look radiant and special on your wedding day, don't wear a hairstyle that isn't "you." In other words, if you're known for your pixie cut, don't feel the need to grow out your locks just

because you'll have more style possibilities. Similarly, don't fight what nature gave you. Embrace your ringlet curls, rather than trying to flatten them out for your wedding. Understandably, you will want to look special on your wedding day, but take care to ensure that you are recognizable when you walk down the aisle.

DON'T compete with your gown. The lines and flow of your gown should be paralleled with the lines of your hairstyle. A simple, sheath gown works well with a tailored upswept chignon, while a princess gown with lots of tulle may work better with long, cascading waves.

DO practice your look prior to your wedding. Set up a rehearsal with your stylist and finalize your style. Take a photo so that he or she will have it for reference. This is your big day, so don't be afraid to voice your opinion and say what works for you and what doesn't. Ultimately, styling decisions are up to you, so don't feel pressured to go the way your stylist suggests.

DON'T leave your wedding day hair to chance. The right products, like those from Joico, can help keep your style looking beautiful throughout the day, with minimal retouching. To give hair a volume



boost, texture and shine, consider **AMPLIFIER® Volumizing Mousse** that holds without weighing down hair. For dramatic looks and shine, **Gripper Spray Wax** allows you to create hair artistry. And to tame flyaways and frizz while imparting a lustrous shine to hair, rely on **Silk**

Result Instant Smoother.

DO make sure the groom-to-be takes grooming and haircare seriously as well. A haircut and style schedule a few weeks prior to the wedding will ensure his hair is in prime shape for wedding photo opportunities.

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Planning An Interfaith Wedding

While a person's wedding day is a time for celebration, as any bride and groom know, the day itself and the months leading up to the big event can be stressful.

Such stress is often heightened for couples in which each person is from a different religious background.

Whereas such couples used to be rare, studies continue to show that interfaith marriages are on the rise. In the 2001 American Religious Identification Survey, nearly 25 percent of all couples responding were in interfaith marriages.

Interfaith couples need to do extra work with respect to their wedding day, taking care of certain

matters that, for couples of the same faith, needn't be discussed. For interfaith couples, the following tips should help ease the stress of the big day.

Determine what's most important: Despite being raised in a particular faith, many adults either don't regularly attend religious ceremonies or consider themselves as practicing a particular religion.

In fact, a 2005 survey titled "Atheism: Contemporary Rates and Patterns," found that 39 percent of Americans considered themselves either agnostics (claiming no belief or disbelief in God) or atheists (claiming disbelief in God).

For interfaith couples about to

get married, it's important to truly consider one's beliefs.

Bride and groom should examine how meaningful their faith is to them, and what they can live with or without in a wedding ceremony.

Attend a service, be it a wedding or weekly service, from each faith: Knowledge is a great mediator when deciding how to conduct an interfaith ceremony.

Learn as much as possible about each other's faith and traditions. Attending a service or ceremony might even open your eyes to an element of your partner's faith that you find appealing and might want to include in the ceremony.

In addition, knowing about a partner's faith will help you better understand their thought process when planning the ceremony.

Consider two ceremonies: Sometimes one or both persons decide their faith is very important so that they insist on a traditional ceremony being performed.

This isn't all that uncommon, and can appease the families of both people getting married, as couples won't run the risk of leaving something important out of the ceremony.

